

Driver Training Log Book

Rally and Off Road



Test Details

TEST DATE LOCATION CLUB
 SENIOR COACH/
 COACH NAME MOTORSPORT AUSTRALIA
 MEMBER NUMBER

Driver Details

DRIVER NAME MOTORSPORT AUSTRALIA
 LICENCE NUMBER
 VEHICLE

Test

WEATHER CONDITIONS WET DRY SHARED TRACK YES NO N/A

Discussion and Training Topics	Discussed	Driver Demonstrated	Comments
Cabin set up (seating, steering wheel, mirror position)	YES	YES	
	NO	NO	
Hand placement and steering technique	YES	YES	
	NO	NO	
Braking principles	YES	YES	
	NO	NO	
Cornering (line, speed and vision)	YES	YES	
	NO	NO	
Safely manages oversteer and understeer	YES	YES	
	NO	NO	
Anticipating change in road surface (grip level)	YES	YES	
	NO	NO	
Overtaking principles (demonstrate verbal understanding)	YES	YES	
	NO	NO	

Discussion and Training Topics	Discussed	Driver Demonstrated	Comments
Signage (flags and signs)	YES	YES	
	NO	NO	
Incident procedure (verbal discussion)	YES	YES	
	NO	NO	

DRIVER'S ATTITUDE

IMPROVEMENTS ACHIEVED IN THIS SESSION

AREAS FOR IMPROVEMENT

**DRIVER
SIGNATURE**

**COACH
SIGNATURE**

COACHING FEEDBACK

Drivers are encouraged to **scan the QR code** to provide feedback on the coaching and training program, for Motorsport Australia to review and audit coaching standards
<https://www.cognitofirms.com/CAMS3/MotorsportAustraliaCoachingFeedback>

