

# Driver Training Log Book

## Rally and Off Road



### Test Details

TEST DATE LOCATION CLUB

SENIOR COACH/  
COACH NAME MOTORSPORT AUSTRALIA  
MEMBER NUMBER

### Driver Details

DRIVER NAME MOTORSPORT AUSTRALIA  
LICENCE NUMBER

VEHICLE

### Test

WEATHER CONDITIONS WET DRY SHARED TRACK YES NO N/A

Discussion and Training Topics	Discussed	Driver Demonstrated	Comments
<b>Cabin set up</b> (seating, steering wheel, mirror position)	YES	YES	
	NO	NO	
<b>Hand placement and steering technique</b>	YES	YES	
	NO	NO	
<b>Braking principles</b>	YES	YES	
	NO	NO	
<b>Cornering</b> (line, speed and vision)	YES	YES	
	NO	NO	
<b>Safely manages oversteer and understeer</b>	YES	YES	
	NO	NO	
<b>Anticipating change in road surface</b> (grip level)	YES	YES	
	NO	NO	
<b>Overtaking principles</b> (demonstrate verbal understanding)	YES	YES	
	NO	NO	

Discussion and Training Topics	Discussed	Driver Demonstrated	Comments
<b>Signage</b> (flags and signs)	YES	YES	
	NO	NO	
<b>Incident procedure</b> (verbal discussion)	YES	YES	
	NO	NO	

**DRIVER'S ATTITUDE**

**IMPROVEMENTS ACHIEVED IN THIS SESSION**

**AREAS FOR IMPROVEMENT**

**DRIVER  
SIGNATURE**

**COACH  
SIGNATURE**

**COACHING FEEDBACK**

Drivers are encouraged to **scan the QR code** to provide feedback on the coaching and training program, for Motorsport Australia to review and audit coaching standards  
<https://www.cognitofirms.com/CAMS3/MotorsportAustraliaCoachingFeedback>

