

Medical Examination Record

(must be completed by a Medical Practitioner registered to practice medicine in Australia)

- ! **Applicable to Circuit, Rally and Superkart Licence Holders only**
(Rally licence holders required to complete Medical Examination Record as per changes implemented 1 August 2023)
- ! **If significant abnormalities are found, please obtain specialist opinion or pathology as indicated and return with this form. If doubtful, refer to the Motorsport Australia Member Hotline — 1300 883 959**
- ! **This medical is valid for 3 months from the date of examiners signature**

- Notes:**
1. Photo ID required.
 2. Please ensure a thorough understanding of the medical standards is acquired prior to completing the examination.
 3. Please attach any Specialists' reports or any pathology or radiology results relevant to this application.
 4. If the applicant wears contact lenses, please attach to this report a certificate from the Ophthalmic Practitioner who fitted them, stating their (i) stability, (ii) duration of daily use and (iii) condition.
 5. BMI (i) The Body Mass Index is weight (in kilograms) divided by the square of the height (in metres).
(ii) 20-25 Acceptable – normal range 25-30 Health risk area 30-35 Obese 35-40 Morbidly obese
 6. The 'normal' answer to each question below is 'NO'. In respect of each 'YES' response, further details should be provided in Examiner's Comments.

Applicant's name

**Motorsport Australia
Member/licence no.**
(if applicable)

**Licence
level/type**
(if applicable)

General

Height (m)
Weight (kg)
Body Mass Index (BMI) weight/(height)²

Cardiovascular System

Pulse rate Max. 100
Rhythm abnormal? Yes No
Blood pressure Max. 150/90 (mmHg) /
Peripheral pulses abnormal? Yes No
Familial hypercholesterolaemia? Yes No
Evidence of past or present ischaemic heart disease? Yes No
Total Cholesterol (mg/dL)
Fasting Lipids LDL (mg/dL)
HDL (mg/dL)
Fasting Glucose (mg/dL)

Respiratory System

Abnormality(s) of the respiratory system? Yes No
Smoking status
Never smoked
Previously smoked
Currently smokes

Abdomen

Abnormality(s) of the abdomen? Yes No

Urinary System

Does the urine contain:
Protein
Glucose
Other abnormality(s)?

Locomotor System

Physical deformity/amputation or use of orthopaedic appliance? Yes No
Is there any impaired functional use, either from above or otherwise? Yes No
Impaired use/movement of any limb/joint/hand/foot which might compromise control of a motor vehicle? Yes No

Note the requirements of point 2.1 of the Motorsport Australia Medical Standards (motorsport.org.au/medical) in regards to physical disability

1300 883 959
motorsport.org.au

Malignancy

Any current malignancy of any system, other than non-melanoma skin cancer? Yes No

Central Nervous System

Abnormality(s) of cranial nerves/limb tone/power/coordination/tendon/plantar response? Yes No
Sensory impairment? Yes No

Note the concussion protocol in Motorsport Australia Medical Standards (motorsport.org.au/medical), specifically point 4.6c

ENT System

Evidence of past or present vestibular disturbance, including intermittent conditions? Yes No
Abnormality(s) of the ENT system? Yes No

Visual System

Abnormality(s) of the eyes? Yes No
Contact lenses? Yes No
If Yes, Certificate of Ophthalmic Prac. required
Refractive surgery? Yes No
If Yes, Certificate of Ophthalmic Prac. required

Visual Acuity

Test each eye separately with letter chart at 6 m
Record in metric Snellen notation. e.g. 6/9
Record number of errors made in smallest line read. e.g. 6/9 -3 RE LE
Unaided (without contact lenses or spectacles) 6/ 6/
Aided (with contact lenses or spectacles) 6/ 6/

Eye Movement

Evidence of past or present diplopia? Yes No
If Yes, applicant must complete a full eyesight examination and full assessment of their ocular mobility

Visual Fields

Complete a confrontation test for each eye separately

Ocular or general medical history that suggests the possibility of visual field loss? Yes No
Confrontation test suggest a loss of visual fields in either eye? Yes No

Visual Fields

Test with Ishihara

More than three (3) errors is a FAIL indicating abnormal colour vision.
(For first licence only, not required for licence renewal)

Ishihara test failed? Yes No

If Yes, the applicant will likely need to be referred for a full eyesight examination by an optometrist or an ophthalmologist or
The further assessment of colour vision shall be complete via the Farnsworth D15 test, to test the severity of the colour vision defect.
Any individual who fails the Farnsworth D15 test by making two or more diametrical crossings is assessed as UNFIT.

Medical Examination Record

(must be completed by a Medical Practitioner registered to practice medicine in Australia)



ECG

A resting ECG is required with all Medical Examinations.

A copy of the ECG chart/report must be submitted as part of the medical examination form. Applicants over 45 years of age require stress ECG every two years and must complete a cardiologists' consultation every three years as per International requirements.

Note the requirements of point 1.5 of the *Motorsport Australia Medical Standards* (motorsport.org.au/medical) in regards to Mandatory Frequency of Examination

ECG Results:

____ / ____

Other comments:

ECG abnormal?

____ Yes ____ No

If abnormal, date completed:

____ - ____ - ____

Examiner's Comments

1 On history:

2 Are there any unfavourable traits in applicant's personality, revealed by history, appearance or behaviour?

3 Has the applicant been prescribed drugs which are in contravention of the Motorsport Australia Anti-Doping policy, or inhaled asthma medications? If so, please advise drug, dosage and reason:

4 In your opinion, is the applicant fit to participate in motorsport? Yes No Further assessment

Statement by Registered General Practitioner

The applicant was examined on:

____ - ____ - ____

Examiner's signature

Applicant's photo ID sighted?

____ YES ____ NO

Are you the applicant's normal GP?

____ YES ____ NO

Name of medical examiner:

Address of medical examiner:

Suburb:

State:

Postcode:



This medical is only valid for 3 months from the date of examiners signature

Please return to: Motorsport Australia

Mail: PO Box 172 Canterbury LPO, VIC 3126

Email: memberservices@motorsport.org.au