

Medical Examination Record

(must be completed by a Medical Practitioner registered to practice medicine in Australia)



FORM A

- To be completed by a Medical Practitioner
- Required with each International Licence Application/Renewal
- Completed **Medical Examination Form A** is to be retained by the Medical Practitioner's Clinic, and kept on file while the applicant's Motorsport Australia licence is current and active
- This record is not to be submitted to Motorsport Australia, unless specifically requested by Motorsport Australia Member Services
- Medical Examination Form B is to be completed by a Medical Practitioner and submitted to Motorsport Australia Member Services

IMPORTANT

- The Medical Practitioner is required to have a thorough understanding of the Motorsport Australia Medical Standards (motorsport.org.au/ medical) prior to completing the examination
- The medical examination must be completed in accordance with the Motorsport Australia Medical Standards
- Medical Examination Record applicable to Circuit, Rally, Off Road and Superkart licence holders only (Off Road Rally licence holders required to complete Medical Examination Record as per changes implemented 1 December 2024 and 1 August 2023 respectively.)
- If significant abnormalities are found, please obtain specialist opinion or pathology as indicated and return with this form. If doubtful, refer to the Motorsport Australia Member Hotline — 1300 883 959
- This medical is valid for three months from the date of examiner's signature

Information to assist completing Medical Examination Record

- 1. Applicant's photo ID required to be sighted by the Medical Practitioner completing this report
- 2. Any Specialists' reports or pathology or radiology results relevant to this application must be submitted with this Medical Examination Record
- If the applicant wears contact lenses, a certificate from the Ophthalmic Practitioner who fitted them must be submitted with this Medical Examination Record. The certificate must state the applicant's (i) stability, (ii) duration of daily use and (iii) condition
- Body Mass Index (BMI) is used to estimate general health of an applicant. The BMI is calculated using the applicant's weight (kg) divided by the square of their height (m)
 - 20-25 Acceptable normal range
 - 25-30 Health risk area
 - 30-35 Obese 35-40 Morbidly obese
- 5. The 'normal' answer to each question below is **No**. To each **Yes** response, further details should be provided in **Examiner's Comments**

Applicant's name

Motorsport Australia ID

(if applicable)

General			
Height	(m)		
Weight	(kg)		
BMI	weight/(height) ²		
Cardiovascular System			
Pulse rate	Max. 100		

Rhythm abnorma	?	Yes	No
Blood pressure Max. 150/90 (mmHg)		/	
Peripheral pulses abnormal?		Yes	No
Familial hypercholesterola	aemia?	Yes	No
Evidence of past o present ischaemic disease?		Yes	No
Total Cholesterol	(mg/dL)		
Fasting Lipids	LDL (mg/dL) HDL (mg/dL)		
Fasting Glucose	(mg/dL)		

Abnormality(s) of the respiratory system?	Yes	No
Smoking status	Never sm	oked
	Previously smoked	/
	Currently smokes	
ENT System		
Evidence of past or present v disturbance, including intermi		itions?
	Yes	No
Abnormality(s) of the ENT system?	Yes	No
Urinary System		
Does the urine contain:	Protein	
	Glucose	
	Other abnormal	ity(s)?
Malignancy		

Respiratory System

Any current malignancy of any system, other than non-melanoma skin cancer?

Yes

No

Licence level/type (if applicable)

Central Nervous System		
Abnormality(s) of cranial ne tone/power/coordination/t		tar
response?	Yes	No
Sensory impairment?	Yes	No
Note the concussion protocol in Ma Medical Standards (<u>motorsport.or</u> specifically point 4.6c		alia
Locomotor System		
Physical deformity/amputa orthopaedic appliance?	tion or use	of
	Yes	No
Is there any impaired funct from above or otherwise?	ional use, e	ither
	Yes	No
Impaired use/movement of hand/foot which might con a motor vehicle?	, j	
	Yes	No
Note the requirements of point 2.1 d Australia Medical Standards (<u>moto</u> in regards to physical disability		
Abdomen		
Abnormality(s) of the abdomen?	Yes	No

Motorsport Australia ABN: 55 069 045 665 motorsport.org.au Mail: PO Box 172 Canterbury LPO, VIC 3126 Phone: +61 3 9593 7777 Hotline: 1300 883 959

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pg. 1

24/V2



Medical Examination Record

INTERNATIONAL (must be completed by a Medical Practitioner registered to practice medicine in Australia)



No

Visual System Abnormality(s) of

the eyes?	Yes	No
Contact lenses? If Yes, Certificate of Ophthalmic Practitioner required	Yes	No
Refractive surgery? If Yes, Certificate of Ophthalmic Practitioner required	Yes	No

Visual Acuity

Test each eye separately with letter chart at 6 m distance

Record in metric Snellen notation. *e.g. 6/9* Record number of errors made in smallest line read. *e.g. 6/9 -3 RE LE*

With contact lenses or 6/ 6/ spectacles
Aided
Unaided Without contact lenses or 6/ 6/ spectacles

Eye Movement

Evidence of past or present diplopia? If Yes, applicant must complete a full eyesight examination and full assessment of their ocular mobility

Yes

No

Visual Fields

Complete a confrontation test for each eye separately

Ocular or general medical history that suggests the possibility of visual field loss? Yes No Confrontation test suggest a loss of visual fields in either eye? Yes No **Test with Ishihara** More than three (3) errors is a **fail** indicating

abnormal colour vision. (For first medical only, not required for licence renewal)

Ishihara test failed? Yes

If Yes, the applicant will likely need to be referred for a full eyesight examination by an optometrist or an ophthalmologist) or

The further assessment of colour vision shall be complete via the Famsworth D15 test, to test the severity of the colour vision defect. Any individual who fails the Famsworth D15 test by making two or more diamettrical crossings is assessed as UNFIT.

Electrocardiogram (ECG)

A resting ECG is required with all Medical Examinations.

A copy of the ECG chart/report must be submitted as part of the Medical Examination Record.

Note the requirements of point 1.5 of the *Motorsport* Australia Medical Standards (<u>motorsport.org.au/medical</u>), in regards to Mandatory Frequency of Examination

ECG Results /

ECG abnormal? Yes

If abnormal, date completed

- -

Comments

No

Fit to Participate In your opinion as a Medical Practitioner, is the applicant fit to participate in motorsport in accordance with the Motorsport Yes No Further assessment required

Statement by Registered General Practitioner

Name of medical examiner				Date the applicant was examined on	
Applicant's photo ID sighted?	Yes	No		Examiner's signature	
Are you the applicant's normal GP?	Yes	No			
Was this medical examination performed in line with the Motorsport Australia Medical Standards?	Yes	No			
Address of medical examiner				MEDICAL	
Suburb				EXAMINERS STAMP	
State			Postcode		

ONCE FORM A IS COMPLETE, PLEASE COMPLETE FORM B

- Completed **Medical Examination Form A** is to retained by the Medical Practioner's Clinic, and kept on file while the applicant's Motorsport Australia licence is current and active
- Medical Examination Form B is to be completed by a Medical Practitioner and submitted to Motorsport Australia Member Services

IMPORTANT

This medical is valid for three months from the date of examiner's signature

Medical Examination Record (must be completed by a Medical Practitioner registered to practice medicine in Australia)



FORM B

- To be completed by a Medical Practitioner
- Completed **Medical Examination Form B** is to be submitted to Motorsport Australia, as well as to be retained by the Medical Practitioner's Clinic, and kept on file while the applicant's Motorsport Australia licence is current and active
- Please return completed record to: Motorsport Australia Mail: PO Box 172 Canterbury LPO, VIC 3126 Email: memberservices@motorsport.org.au

Applicant's name

Motorsport Australia ID (if applicable)			Licence leve (if applicable)	l/type	
Fit to Participate					
In your opinion as a Medical Practitioner, is participate in motorsport in accordance wi Australia Medical Standards?			Yes	No	Further assessment required
Statement by Registered General	Practitio	ner			
Name of medical examiner					Date the applicant was examined on
Applicant's photo ID sighted?	Yes	No			
Are you the applicant's normal GP?	Yes	No			Examiner's signature
Was this medical examination performed in line with the Motorsport Australia Medical Standards?	Yes	No			
Address of medical examiner Suburb					MEDICAL EXAMINERS STAMP

State

Postcode

24/V1

(must be completed by a Medical Practitioner registered to practice medicine in Australia)



Health Statement (must be completed by all applicants)

Please indicate if the applicant has any significant or recurrent problems with any of the following:

Anxiety/depression or other mental health condition	Headaches/migraine/head injury
Diabetes	Heart disease
Epilepsy	Any medical condition that may negatively impact their capacity to safely participate in motorsport activities
Fits/fainting/dizziness	Please specify

If any of the above had been ticked, the applicant is required to provide additional information relating to their condition. For more information go to: <u>motorsport.org.au/membership/medical</u> or contact Member Services on 1300 883 959

Please indicate if the applicant is affected by any of the following conditions:

Colour blindness

Is vision correction required?

Monocular Vision

Please indicate if the applicant is affected by any of the following conditions:

Does the applicant suffer from any allergies? Please specify

Hearing loss or deafness

Does the applicant wear glasses or contact lenses when driving?

If any of the above had been ticked, the applicant is **not** required to provide any additional information relating to these conditions and can continue with their application.

Provide details of any other medical condition or disability which could restrict the applicant generally

(e.g. Knee injury, broken foot, broken arm)

Motorsport Australia may request further information from the applicant or Medical Practitioner before accepting the application for a licence. Depending on medical history or status, Motorsport Australia may not be able to issue the applicant with a licence. Please note that the applicant is under a continuing obligation to inform Motorsport Australia of any medical matter that may or could impact the applicant's physical or mental capacity to participate in Motorsport Activities.

Examiner's Comments

Comments on applicant's medical history

Has the applicant been prescribed drugs which are in contravention of the Motorsport Australia Anti-Doping policy, or inhaled asthma medications? If so, please advise drug, dosage and reason:

APPLICANT MUST SUBMIT FORM B TO MOTORSPORT AUSTRALIA