# Incident Report
Long Course - Off Road

motorsport australia MEMBER OF FIA

**Advice to Navigators**
Please ensure that these report forms are readily available at all times during competition. It is essential that they be kept in a safe and dry place.

## In the Event of an Incident

**In the event of an incident you may save a life**

1. **Don't panic.** you are more likely to be useful if you remain calm
2. If the person is **unconscious**, **do not move** unless in an emergency (eg. Vehicle on fire).
3. Answer these questions, they are crucial to the medical officer
   - i. Is the person conscious? YES ☐ NO ☐
   - ii. Can the person talk? YES ☐ NO ☐
     If NO, is the person breathing? YES ☐ NO ☐
     **If NO check the airway, clear airway if blocked**
   - iii. Is the person in pain? SLIGHT ☐ MODERATE ☐ SEVERE ☐
   - iv. Can the person move their arms? YES ☐ NO ☐
   - v. Can the person move their legs? YES ☐ NO ☐
   - vi. Is the person bleeding? YES ☐ NO ☐
     If yes, from where? _____
     **Stop or restrict the bleeding by applying direct pressure** (use your first aid kit, or one from another vehicle)

**CHECK THE ANSWERS ABOVE, AND FILL IN BELOW.**
**DESPATCH THIS FORM BY NEXT COMPETITOR TO NEXT CONTROL**

## Vehicle and Event Details

**INCIDENT INVOLVING CAR #:** _____

**NAME OF PERSON MAKING REPORT** _____

**DATE** ☐☐ – ☐☐ – ☐☐☐☐

**TIME** _____

**LAP NUMBER** 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ OTHER _____

**VEHICLE LOCATED BETWEEN CONTROL NUMBER #:** _____ **AND CONTROL NUMBER #:** _____

**ACCESS POINT NUMBER** A ☐ B ☐ C ☐ D ☐ E ☐ F ☐ G ☐ H ☐ I ☐ J ☐ OTHER _____

## Nature of Incident

☐ **PERSONAL INJURY: URGENT MEDICAL ATTENTION REQUIRED**
**IMPORTANT - FOLLOW THE INSTRUCTIONS ABOVE**

☐ **PERSONAL INJURY: NOT URGENT BUT ATTENTION REQUIRED AS SOON AS POSSIBLE**

☐ **VEHICLE TEMPORARILY DISABLED BUT REPAIRS BEING EFFECTED**

**PLEASE NOTIFY** _____

**ADDITIONAL COMMENTS** _____